

Spray

This was shared by Darby. Plenty of thanks from all of us!

1 cup distilled H2O
2 tsp rosewater
1tsp glycerin (adjust as needed)



Bulgarian Rose Flower Water

from Rosa Damascena

Our Bulgarian Rose Water is a 100% pure, undiluted and natural flower water. It is produced via steam-distillation of fresh rose blossoms, picked in Alteya's rose fields in the world-famous Bulgarian Rose Valley.



Rose Water Applications...

Skin Care

Rose water is one of all-time best and most traditional facial cleansers. It is known to:

- treat acne and skin irritation
- nourish and hydrate
- maintain skin pH balance and stimulate regeneration processes
- have anti-viral, antiseptic, and disinfectant properties
- moisturize the body after bath
- make excellent hair mask



Aromatherapy

Rose water has a beautiful aroma that is known to:

- help emotional strength
- relax the human body
- improve love life
- empower the spirit
- soothe the mind
- remove stress

Foods and Beverages

Rose water's natural taste and unique characteristics find many uses in Cooking and Beverage preparation. These include:

- preparations of exotic meals
- flavor enhancement to a morning juice or evening drink
- exotic addition to a dessert



Rose Water Everyday Usage...

To get a great skin...

Soak cotton ball or cleansing pad in Bulgarian Rose Water and apply on cleansed face and neck. Use mornings and evenings.

To get fabulous hair...

Apply Bulgarian Rose Water on your scalp and hair and gently massage for 1 minute. Wait 20 minutes, then rinse thoroughly.

To surround yourself with luxurious scent...

Spray Bulgarian Rose Water into your room, sheets, or wardrobe. Add to the water in your bath tub.

There is no such thing as using too much of it!

Distributed by:
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